

# A Family's Guide to Watching Mass Remotely

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Our Bishop has made the incredibly difficult decision to suspend public masses in our diocese to protect the most vulnerable from the spread of COVID-19. It is an incredible act of solidarity for all of us to sacrifice receiving Christ in the Eucharist in order to protect and defend the life of those whose health could be jeopardized if we gather together. However, as a Church, we believe that when mass is celebrated, it is celebrated in communion with all the baptized. [The Mass Is Still With Us Even Under Quarantine](#)

"We baptized Catholics can no more escape participation in the Eucharist than we can escape our human bodies."  
- Timothy O'Malley

Encourage your family to treat this as a true mass  
— keep electronics in another room, put food and drinks away, etc.

Get ready for mass! It's tempting to stay in pajamas, but getting dressed can help us get in the right mindset to take the mass seriously.

Stand, sit, and kneel as you would if you were at mass. We might be separated by a screen, but our Lord is still present in the mass that we are watching.



## TIPS FOR WATCHING MASS AT HOME!

LAFAYETTE CENTRAL CATHOLIC JR. SR. HIGH SCHOOL

Respond to the prayers as you would at a regular Mass! This is going to feel strange, but when the priest says, "Peace be with you," respond and participate in the mass saying, "And with your spirit."

Consider opening a Bible and following along with the readings (it might help to mark them ahead of time).

STILL HAVE QUESTIONS? HAVE IDEAS THAT MAY HELP OTHERS?  
CONTACT YOUR THEOLOGY TEACHERS OR CAMPUS MINISTERS!

Consider moving chairs into the room where you'll watch mass. Even if that's the living room - consider sitting on regular chairs instead of the sofa.

**Fun Tips:** Light a candle that smells like incense, set-up a cry room, and have coffee & donuts afterward!

There are still ways that we can join in. Although we are *temporarily* dispensed from our Sunday obligation during this time, there are many ways to stream masses from within our diocese and from around the nation (and even the world!). It can be difficult - and sometimes can feel awkward - to know how to participate in a virtual mass, so we've included some tips and tricks to guide you through this experience. This is not going to be the same as being surrounded by our regular community of parishioners, but we can take comfort in the words of Christ, "For where two or three are gathered together in my name, there am I in the midst of them" (Matthew 18:20).

## When all this is over..

When our parishes begin having public masses again, **run as fast as you can to the Eucharist** - because although it's nice to be able to still hear the readings and the homily during this time, there's nothing that can replace the experience of actually receiving Jesus' Body and Blood in the Mass!

**(Next Page: Find links to Streaming Masses in Lafayette and around the world!)**

# Streaming Mass Links:

## Lafayette Masses and Prayer Opportunities

*Note: all of these times are subject to change as the Covid-19 pandemic develops. Keep up to date at your parish websites.*

**Blessed Sacrament:** <http://churchoftheblessedsacrament.yourstreamlive.com/>

Sunday Mass - 8am

Family Rosary - Nightly, 7pm

Stations of the Cross - Friday, 6pm

**St. Thomas Aquinas:** <https://www.boilercatholics.org/virtualworship/>

Daily mass - Celebrated at 9am, posted at 11:30

Rosary - Nightly, 5:30pm

**St. Mary's Cathedral:** they are working on it; we will update here as soon as we get the info

**St. Boniface:** they are working on it; we will update here as soon as we get the info

## Other Masses

Live Mass- EWTN television – 8:00am Sundays

<https://www.ewtn.com/tv/watch-live/united-states>

Daily TV Mass – (from Archdiocese of Toronto)

<https://dailytvmass.com/>

EWTN Daily Mass – (Liturgy of the Word only)

<https://www.ewtn.com/catholicism/daily-readings>

Fr. Robert Barron Mass - posted 8:15am daily

<https://www.wordonfire.org/daily-mass/>



**Let us pray!**

### **An Act of Spiritual Communion**

*My Jesus,*

*I believe that You*

*are present in the Most Holy Sacrament.*

*I love You above all things,*

*and I desire to receive You into my soul.*

*Since I cannot at this moment*

*receive You sacramentally,*

*come at least spiritually into my heart.*

*I embrace You as if You were already there and unite myself wholly to You.*

*Never permit me to be separated from You.*

*Amen.*